

SOLDOTNA MONTESSORI CHARTER SCHOOL  
Kenai Peninsula Borough School District  
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Montessori Family News

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January 19, 2017

**Conscious Discipline Skill for the Next Week: Empathy**  
*Conscious Discipline is for Kids and Adults*  
**A new skill will be introduced every two to three weeks.**

Empathy is the ability to understand the feelings, experiences or motivations of another person. Before we can show empathy we have to know what an emotion feels like ourselves first. Then we can understand when someone else is feeling that same way. Showing empathy doesn't "fix" problems but it does let people know that they are not alone. Using empathy actually makes us smarter. When we take the time to really understand how another person feels, we learn more about them and about ourselves. Learning to act with empathy helps us have healthy, positive relationships with others.

You can learn more about Conscious Discipline and Empathy at  
<http://consciousdiscipline.com/>

**Central Peninsula & Cooper Landing Child Find  
Screenings for Infants & Preschoolers**

The Kenai Peninsula Borough School District and Frontier Community Services Infant Learning and will be offering Child Find screenings for children birth to 5 years. The screening clinic will be on Friday, January 27, 2017 from 9:00 – 3:00 at the Frontier Community Services, Suite 32 B, in the Red Diamond Center. We will screen your child's early development, motor skills, speech, early learning concepts, vision & hearing. To make an appointment or for more information, call 714 - 6647.

**School Spirit Assembly Tomorrow**

Ms. Romberg's class will host our school spirit assembly on Friday, January 20 at 8:55 in the gym.

**Spelling Bee**

If your 3<sup>rd</sup> – 6<sup>th</sup> grade student would like to participate in our school spelling bee please return the form that is in this week's news folder. The winner of our school bee will go to Anchorage to compete in the State Spelling Bee.

### **Our Lottery Closes on February 24**

Please encourage friends or neighbors to enroll in our Lottery if they have an interest in joining our fabulous Montessori school family next year. The deadline to apply is February 24.