

SOLDOTNA MONTESSORI CHARTER SCHOOL  
Kenai Peninsula Borough School District  
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Montessori Family News

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January 26, 2017

**Conscious Discipline Skill for the Next Week: Empathy**  
*Conscious Discipline is for Kids and Adults*  
**A new skill will be introduced every two to three weeks.**

Empathy is the ability to understand the feelings, experiences or motivations of another person. Before we can show empathy we have to know what an emotion feels like ourselves first. Then we can understand when someone else is feeling that same way. Showing empathy doesn't "fix" problems but it does let people know that they are not alone. Using empathy actually makes us smarter. When we take the time to really understand how another person feels, we learn more about them and about ourselves. Learning to act with empathy helps us have healthy, positive relationships with others.

You can learn more about Conscious Discipline and Empathy at  
<http://consciousdiscipline.com/>

**Dropping Your Child Off in the Morning**

Students may only be dropped off **at the curb or at crosswalks** in the parking lot. If you park and walk your child into school or allow your child to walk in on his/her own, **crosswalks must be used.**

**Fund Raiser for our Head Custodian**

Renee Powell, our school's head custodian has just received a kidney transplant. Personal costs for the travel and housing in Seattle is very high. Our intermediate students are hosting a school carnival to raise funds for Renee. Our students are collecting small stuffed animals or little items that can be used as carnival prizes. Carnival date and time to be announced.

**T-Shirts Wanted**

Our 6<sup>th</sup> graders are still collecting used t-shirts to be used to make reusable bags. These bags will be used to replace the single-use plastic bags used at many stores.

**Fifty Cent Friday February 3**

Students may purchase up to 2 small snacks during lunch on Friday, February 3.

### **PTO Meeting February 6**

There will be a PTO meeting on Monday, February 6 at 4 PM in Terri Carter's room.

### **Early-Release Day on Wednesday, February 8**

Students will be released at 1:55 on Wednesday, February 8. Teachers and staff will be working on school goals.

### **Parent-Teacher Conferences on February 9 – 10**

There will be no school for students on Thursday and Friday, February 9 and 10. Sign up for your conferences in our hallway.

### **Lost and Found Items**

Please check the school Lost and Found for items that may belong to you. There are many expensive items that need to be re-united with their owners.

### **Spelling Bee**

Spelling Bee practice will take place on Mondays. Students do not need to attend practice in order to participate in the actual school spelling bee. However, they must have permission to participate in the Spelling Bee. The winner will participate in the State Spelling Bee.

### **Central Peninsula & Cooper Landing Child Find Screenings for Infants & Preschoolers Tomorrow**

The Kenai Peninsula Borough School District and Frontier Community Services Infant Learning and will be offering Child Find screenings for children birth to 5 years. The screening clinic will be on Friday, January 27, 2017 from 9:00 – 3:00 at the Frontier Community Services, Suite 32 B, in the Red Diamond Center. We will screen your child's early development, motor skills, speech, early learning concepts, vision & hearing. To make an appointment or for more information, call 714 - 6647.