

SOLDOTNA MONTESSORI CHARTER SCHOOL
Kenai Peninsula Borough School District
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Montessori Family News

October 13, 2016

Conscious Discipline Skill for the Next Week: Composure

Conscious Discipline is for Kids and Adults

A new skill will be introduced every two weeks.

When we are composed we have access to the higher centers of our brain - or frontal lobe. This is called the Executive State. When we are in our Executive state we are at our very best. Our executive skills are available to us when we are composed and calm. The executive skills are displayed on our bulletin board at school.

What happens when we lose our composure? When we are sad, afraid, frustrated, angry, stressed out or anxious our executive state goes on vacation. Students become less able to learn and adults become less able to teach, parent, or to be a positive role model.

We teach the skill of composure to all students and staff at SMCS. We also teach strategies students and adults can use to help themselves return to their own executive state. You can learn more about composure and the executive state at <http://consciousdiscipline.com/>

Order Your Copy of our Peace Night Photos

If you had a family photo taken at our Peace Night Potato Harvest Celebration you can check them out here: <http://www.joshawphotography.com/p811755984>

Coaches Needed for Battle of the Books

We need coaches for our Battle of the Books teams. We need a coach for our kindergarten group, our grade K-2 group and our grade 5-6 group. Students meet with coaches during lunch one time per week to practice. The grade 3-4 and grade 5-6 teams compete via phone with other district teams in February.

Family Movie Night Coming on Friday, October 14

Bring your pillows and blankets and join us for *Ice Age: Collision Course* at 5:30 in the gym on Friday, October 14. Popcorn and other treats will be available for purchase.

School Picture Retakes Tomorrow

School picture retakes will take place on October 14. Sibling pictures will be taken at 11 am.

Teacher Inservice Day on October 21

There is no school for students on Friday, October 21. Teachers will work on school goals and student report cards. October 21 is the end of the quarter. Report cards will be given to parents during Parent-Teacher conferences.

Early Release Day October 26

Students will be dismissed at 1:55 on Wednesday, October 26 so that teachers and staff can work on school achievement goals.

Parent – Teacher Conferences Thursday and Friday, October 27 – 28

There will be no school for students during parent-teacher conferences. Sign up for your conference in our hallway or contact your child's teacher directly.

School Logo Wear and Small Hands Catalogue Orders

Orders for school logo wear and for the Small hands catalogue are due by October 28. There are extra order forms and catalogues in the office.