#### SOLDOTNA MONTESSORI CHARTER SCHOOL

# Kenai Peninsula Borough School District 162 Park Ave. (907) 260-9221

Soldotna, Alaska 99669 (907) 260-9032 Fax

# Montessori Family News

December 15, 2016

# Conscious Discipline Skill for the Next Week: Empathy Conscious Discipline is for Kids and Adults A new skill will be introduced every two to three weeks.

Empathy is the ability to understand the feelings, experiences or motivations of another person. Before we can show empathy we have to know what an emotion feels like ourselves first. Then we can understand when someone else is feeling that same way. Showing empathy doesn't "fix" problems but it does let people know that they are not alone. Using empathy actually makes us smarter. When we take the time to really understand how another person feels, we learn more about them and about ourselves. Learning to act with empathy helps us have healthy, positive relationships with others.

You can learn more about Conscious Discipline and Empathy at <a href="http://consciousdiscipline.com/">http://consciousdiscipline.com/</a>

#### **Band and Choir Concert on December 20**

The Soldotna Elementary and Soldotna Montessori band and choir will perform in the gym at 6 PM on December 20.

## Pajamas and Pancakes at SMCS on December 21

December 21 is the last day of school for students. We will start the day with pancakes. All students are invited to participate. PJs are optional!

#### **December 22: No School for Students**

Thursday, December 22 is an inservice and work day for staff. There is no school for students that day.

## Winter Break: new dates this year!

The last day of school for students is **WEDNESDAY**, **December 21**. Students and staff return to school on Monday, January 9.

## **January 9: PTO Meeting**

The PTO will meet at 4 PM on Monday, January 9 in Terri Carter's room. All parents and staff are welcome.

## **Report Cards Come Home on January 12**

Your child's report card will be in the Thursday News Folder on Thursday, January 12.

## Fifty Cent Friday on January 13

Students may purchase up to 2 small snacks on Friday, January 13 during lunch.

## Reminder: when kids are ill

Please remember not to send your child to school if they have a fever or are vomiting. Fevers should be **gone for 24 hours** before a child returns to school.

## **Skating Rink at School**

The local Hockey Association is making an attempt to build up the ice in their rink on our school grounds. If the weather holds and the ice is safe we will open the rink in January. Please see the request for ice-safe skating equipment from our students in this newsletter.